

# Dining Out


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## How Many Calories In a Pansy?

For bakers planning their Valentine's Day goodies, Sweetfields, a company in Southern California, offers lovely crystallized edible flowers. Pansies, rosebuds, violas, snapdragons and other varieties are coated with egg white and sugar and will never wilt on top of chocolate mousse, for example. Prices start at \$10 for 10 small blossoms. A special Valentine's assortment of 20 flowers in pink and red is \$30. To order: [www.sweetfields.com](http://www.sweetfields.com).